

Stress Policy

The HSE defines stress as the "Adverse reaction people have to excessive pressure or other types of demands placed upon them". This makes an important distinction between pressure, which can be a positive state if managed correctly, and stress which can be determined to be detrimental to health.

The Company is committed to protecting the health, safety and welfare of their employees and recognises that workplace stress is a health and safety issue and acknowledges the importance of identifying and reducing workplace stressors.

The persons responsible for this section of the policy are the Managing Group.

Signed:

Andrew Hill - Director Date: 07/12/2022